



2CB

STREET NAMES

2C, Bees, 2C-x, 2C-T-x

CHEMICAL COMPOUND

4-bromo-2,5-dimethoxyphenethylamine
2C-x refers to psychedelic phenethylamines with methoxy groups on the 2 and 5 positions. Other members of the 2C family are 2C-C, 2C-D, 2C-E, 2C-F, 2C-G, 2C-I, 2C-P, 2C-T-2, 2C-T-7 and many more.

Know Your Body & Mind - 'Set'
Know Your Environment - 'Setting'
Know Your Drug - Practise Harm Reduction

SAFER USING

- 'Set' = your mind + body, 'Setting' = ENVIRONMENT. FOR PSYCHEDELIC DRUGS, SET & SETTING ARE VERY IMPORTANT AND SHAPE THE EXPERIENCE.
- Use around people you trust and somewhere you feel safe.
- Have a sober or experienced safe person with you (trip sitter).
- Eat about 30 minutes before use.
- Have snacks and water ready for the journey
- Always dose yourself.
- Start with a low dose, especially if trying a new 'batch'.
- A standard recreational oral dose of 2C-B is ~10-25mg— Be extra cautious when weighing powders, use scales displaying 3DP.
- The 2C-x family vary greatly in potency, duration and effects.
- If redosing, wait at least 2 hours.
- Try not to make any big decisions about life or people during the experience or until you have fully 'landed'.
- Research 'Integration' (ongoing learning process after psychedelic experiences).

SNORTING:

- Snorting this substance can be particularly painful and may affect your experience—Crush to fine powder as crystals can cause little cuts.
- Snort water before and after to protect your nose.
- Use your own straw/spoon (& not money bills) to avoid infection or blood borne virus transmission (HIV/HVC).
- Repeated snorting can damage your nose, switch nostrils regularly and take breaks.

SAFER HANDLING

- Carrying drugs & paraphernalia puts you at greater risk of criminal charges (inc. trafficking, EVEN IF YOU DON'T DEAL). KNOW YOUR LOCAL LAWS.

LONG TERM EFFECTS

Since 2CB was only first synthesised in 1974, there's limited info on the long-term effects and more research is needed.

DRUG TESTS

Roadside Police: Roadside saliva tests do not look for 2C-x but other substances can be detected that might have been cut into your 2C-x (Such as MDMA/ amphetamines). It is illegal to drive under the influence of any illicit drugs, including 2C-x and any driver may be subject to a roadside behavioural impairment test. Wait at least 24 hours before driving. Taking multiple doses over a period of several hours can lengthen this time period.

Workplace: OHS law gives employers rights to test employees for drug use. This should be contained in workplace policy, it should be reasonable, and a risk assessment should be done to determine whether testing of employees is appropriate.

Urine: 1 - 4 days; Hair: Up to 90 days; Blood: up to 2 days
'Pill Testing'/Drug Checking: Lab-quality testing has been trialled in Australia and is not available as a health service yet but DIY reagent testing is an option and reagents Marquis, Mecke, Robadope and Simon react with 2C-B.

MORE INFO

This resource has been made by people who use drugs for their peers & the wider community. The role of DanceWize is to provide credible & non-judgmental info to promote health & harm reduction. In an unregulated (illegal) market you don't know the purity or dose of any drug and there is always some risk. You can educate yourself and practise harm reduction to reduce risk.

Knowledge is power.

MORE INFO @ WWW.

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|--------------------------------|-----------------|
| dancewize.org.au | dancesafe.org |
| dancewizensw.org.au | trippproject.ca |
| higround.org | kosmicare.org/ |
| prism.org.au | pillreports.net |
| consciousnest.info | bluelight.org |
| erowid.org | |
| tripsit.me (drug combos chart) | |

Research your jurisdiction's Department of Health website for drug 'alerts' or 'warnings'.

DESCRIPTION

2CB is a psychedelic stimulant that acts on the central nervous system (CNS) speeding up breathing and heart rate. It can cause changes in perception of reality and thought processes within the user. It was first synthesized in 1974 by Dr. Alexander Shulgin. 2C-B is considered both a hallucinogen and a mild entactogen. "Entactogen" means "touching within," and is a term used by psychiatrists to classify MDMA and related drugs. 2C-B belongs to a family of drugs known as the "2Cs." These include 2C-I, 2C-E, 2C-T-7 and many others. 2C-B and the other 2Cs are usually sold as a white powder in baggies or gel caps, but are sometimes pressed into tablets resembling ecstasy tablets. Members of the 2C family are alike with variations in effects and duration.

DURATION OF EFFECTS

Duration can vary greatly between members of the 2C-x family and by chosen route of administration

2C-B (Swallowed)

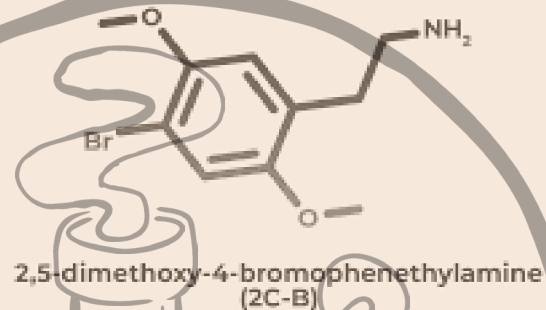
Total Duration: 4-8 hours

Onset: 45-75 minutes

Peak: 2-4 hours

Coming Down: 1-2 hours

After Effects: 2-4 hours



EFFECTS

'Set' (your mind & body) + 'Setting' (environment) + Drug

LESS COMMON RARE

PHYSICAL

- Dry mouth
- Increased heart rate
- Pleasant body high
- Increased blood pressure
- Increased feeling of control over body
- Nausea
- Increased energy/ vomiting
- Unusual body sensations (facial flushing, chills, goosebumps, body energy, feeling like you have urinated on yourself or have started menstruating)
- Pupil dilation
- Teeth grinding
- Decreased appetite
- Change in body temperature regulation
- Muscle tension/twitching
- Stomach discomfort
- Lethargy (feeling heavy)
- Unusual body sensations (facial flushing, chills, goosebumps, body energy, feeling like you have urinated on yourself or have started menstruating)
- Nausea/vomiting
- Serotonin syndrome

EMOTIONAL

- Mood lift/Euphoria
- Increased empathy
- Meaningful spiritual experiences
- Enhanced sense of connection with the world (beings or objects)
- Increased appreciation of music
- Feeling of oneness and connection with the universe and all beings

PSYCHOLOGICAL

- Anxiety, fear and panic
- Sensory enhancement (taste, smell, touch, etc.)
- Auditory hallucinations or buzzing sounds
- Kaleidoscopic colours
- Strong visual hallucinations
- Increased associative and creative thinking
- Exacerbate existing mental illness
- Insomnia
- Changed consciousness / shift in perspective

• Distorted perception of time

- Difficulty integrating experiences
- Psychosis
- Anxiety / panic
- Overwhelming fear
- Ego dissolution / ego death
- Temporary inability to communicate
- Paranoia

HALF LIFE

Even though the apparent effects of the drug wear off after 4-8 hours, the drug is still active in your system for up to 4-8 hours after you have taken it. Remember this if using other substances or redosing.

DRUG COMBINATIONS

DAINGEROUS

2C-T-x mixed with stimulants/psychedelics - Extra caution is advised. Can lead to an increase in potency of both substances which can be dangerous.

Tramadol - known to lower seizure threshold and psychedelics raise the risk of seizures.

CAUTION

Alcohol - risk of nausea and vomiting, decrease in effects

MAOIs - unpredictable increase of potency and duration

Cannabis - can intensify trip with unexpected effects

LOW RISK

SSRI's - Decrease in effects

Depressants - decrease in effects

It is not recommended to use 2C-B and family if you have or are at risk of:

Heart problems

Severe or uncontrolled high blood pressure

Recent stroke

Psychotic disorders

Sleep deprivation

Anxiety

Depression

Schizophrenia

Other mental health issues