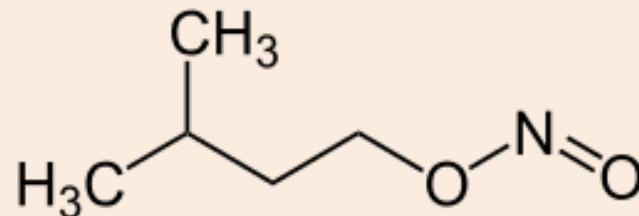


SAFER USING

- Use around people you trust and somewhere you feel safe.
- Inhale the fumes/vapour only, never swallow, plug or inject.
- If it comes into contact with skin, wash with water immediately—Poppers are corrosive.
- Avoid smoking or open flames—Poppers are corrosive & flammable.
- Start with a very small amount to gauge strength and assess your sensitivity—consider being seated.
- Dose is determined by the depth and length of the inhalation.
- Consider carefully before re dosing as it is easy to take too much.

SAFER HANDLING

- Best kept in a cool, dark, dry place, and store away from heat/flames in a tinted bottle.



LONG TERM EFFECTS

Effects of long term use of these substances can result in a range of clinical conditions varying from mild allergic reactions to life threatening methemoglobinemia (a blood disorder which can lead to inadequate oxygen supply to body tissue).

Long term effects of Alkyl Nitrates include:

- Skin lesions
- Dermatological problems particularly around the nose, mouth, lips and face
- Increased intraocular (eye) pressure (risky for people with underlying glaucoma)

DRUG TESTS

Roadside Police: Roadside saliva tests do not look for poppers. It is illegal to drive under the influence of any illicit drugs, including poppers and any driver may be subject to a roadside behavioural impairment test. Wait at least 24 hours before driving.

Workplace: It is so rapidly metabolised that it is not able to be tested for.

'Pill Testing'/Drug Checking: Lab-quality testing has been trialled in Australia and is not available as a health service yet. Some poppers have been rescheduled to schedule 3 which will allow for a regulated supply to be purchased OTC at pharmacies.

MORE INFO

This resource has been made by people who use drugs for their peers & the wider community. The role of DanceWize is to provide credible & non-judgmental info to promote health & harm reduction. In an unregulated (illegal) market you don't know the purity or dose of any drug and there is always some risk. You can educate yourself and practise harm reduction to reduce risk.

Knowledge is power.

MORE INFO @ WWW.

dancewize.org.au
dancewizensw.org.au
higround.org
prism.org.au
consciousnest.info
erowid.org
tripsit.me (drug combos chart)

Research your jurisdiction's Department of Health website for drug 'alerts' or 'warnings'.

dancesafe.org
trippproject.ca
kosmicare.org/pillreports.net
bluelight.org



Amyl Nitrite

STREET NAMES

Poppers, Rush, TNT, Thrush, Jungle Juice, Ram & Kix

CHEMICAL COMPOUND

Amyl nitrite (isoamyl nitrite, isopentyl nitrite)
Butyl nitrite, Isobutyl nitrite (2-methylpropyl nitrite)
Isopropyl nitrite (2-propyl nitrite)
Pentyl nitrite

Know Your Body & Mind - 'Set'
Know Your Environment - 'Setting'
Know Your Drug - Practice Harm Reduction

DESCRIPTION

Alkyl nitrites are short-lasting drugs which cause a headrush and muscle relaxation. They appear as liquids that produce a vapour that can be inhaled. Alkyl nitrites are also known as poppers. The first, amyl nitrite, was made in 1844 and was used to help relieve angina (chest pains). Widespread recreational use of amyl nitrite is thought to have started in the 1960s. After consequent restrictions on its production and use, various other related alkyl nitrites appeared. Poppers are usually found in the form of a liquid chemical sold in a small bottle. It is a depressant. They dilate the blood vessels and allow more blood to get to the heart. Amyl nitrite, in common with other alkyl nitrites, is a potent vasodilator, meaning that it dilates the blood vessels of the individual, allowing more blood to pass through and so lowering blood pressure. Alkyl nitrite functions as a source of nitric oxide, which signals relaxation of the involuntary muscles. In some countries, to evade anti-drug laws, poppers are labelled and/or packaged as room deodorizers, leather polish or tape head cleaner.

*Though often referred to as 'Amyl Nitrate' Nitrate is a diesel fuel additive, and the two are completely different and should not be confused.

DURATION OF EFFECTS

Total duration: 1-5 minutes

Onset: 0-30 seconds

Peak: 30 seconds - 2 minutes

Coming Down: 1- 3 minutes

After effects/hangover: 1-5 minutes



EFFECTS

'Set' (your mind & body) + 'Setting' (environment) + Drug

LESS COMMON RARE

PHYSICAL

- light headedness
- warm sensation
- relaxation of smooth muscles
- increased heart rate
- Increased libido
- skin sensitivity
- Increased body temperature
- impaired/decreased coordination & muscle control
- ⚠️ dizziness
- ⚠️ nausea,
- ⚠️ headache
- ⚠️ blurred vision
- ⚠️ vomiting
- ⚠️ hypotension
- ⚠️ dyspnea (shortness of breath)
- ⚠️ hypoventilation
- ⚠️ syncope (fainting)

EMOTIONAL

- euphoria
- increased sensual awareness
- excitement

PSYCHOLOGICAL

- visual distortions
- ⚠️ memory loss



COMBINATIONS

Polydrug use has many possible outcomes. What could be fun for one person could be dangerous for another. We recommend you proceed with caution.

DANGEROUS

Other **vasodilators** - Common vasodilators include Viagra (sildenafil), Levitra (vardenafil) and Cialis (tadalafil). Can cause cardiac arrest.

Meth/amphetamines - will increase the strain on the heart and put the body under excess stress.

It is not recommended to use poppers if you have or are at risk of:

- High/low blood pressure
- An illness requiring prescribed vasodilators
- Heart issues
- Glaucoma
- Anemia
- Pregnancy

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