**Street Names**
- Rack, yay-yo, coke, cola, charlie, blow, snow, nose candy, powder, toot

**Chemical Compound**
- Benzoylmethylecgonine hydrochloride

**Know Your Body & Mind - ‘Set**

**Know Your Environment - ‘Setting**

**Know Your Drug - Practise Harm Reduction**

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**More Info @ www.**
- dancewize.org.au
- dancewizensw.org.au
- higround.org
- prism.org.au
- consciousnest.info
- erowid.org
- tripsit.me (drug combos chart)

Research your jurisdiction’s Department of Health website for drug ‘alerts’ or ‘warnings.’
DESCRIPTION
Cocaine is a short acting stimulant that acts on the central nervous system (CNS) speeding up breathing and heart rate. Cocaine is extracted and refined from the coca plant (Erythroxylum coca) grown primarily in the Andean region of South America. The leaf extract is processed to produce 3 different forms of cocaine.

COCAINE HYDROCHLORIDE: a white, crystalline powder with a bitter, numbing taste. Cocaine hydrochloride is often mixed, or ‘cut’, with other substances such as lactose and glucose, to dilute it before being sold.

CRACK: crystals ranging in colour from white or cream to transparent with a pink or yellow hue, it may contain impurities. Crack is often found in the US, UK and other countries but it is not commonly found in Australia. As a result, this resource will focus on powdered cocaine only.

DURATION OF EFFECTS
Total Duration: 45 minutes - 1.5 hours*
Onset: 5-10 minutes
Peak: 20-40 minutes
Coming Down: 10-30 minutes
After Effects: 1-4 hours
*Based on snorting cocaine powder

HALF LIFE
Even though the apparent effects of the drug wear off after 1 hour, the drug is still active in your system for up to 2 hours after you have taken it. Remember this if using other substances or redosing.

PHYSICAL
- Decreased appetite
- Increased energy
- Increased focus and concentration
- Clearer thinking
- Reduced social inhibitions
- Irritability
- Aggression
- Increased body temperature and sweating
- Constricted blood vessels
- Dilated pupils
- Increased heart rate
- Increased blood pressure
- Increased body temperature and sweating
- Insomnia
- Restlessness
- Seizure
- Stroke
- Heart Attack

EMOTIONAL
- Euphoria
- Elevated mood
- Increased confidence
- Irritability
- Aggression

PSYCHOLOGICAL
- Reduced social inhibitions
- Increased focus and concentration
- Clearer thinking
- Increased alertness
- Psychosis
- Excited Delirium

EFFECTS
‘Set’ (your mind & body) + ‘Setting’ (environment) + Drug

LESS COMMON
- Paranoia
- Irritability
- Insomnia
- Weight loss
- Mental health issues
- Damage to nasal cartilage
- Immune system problems due to the common presence of Levamisole as a cutter in cocaine

RARE

LONG TERM EFFECTS
Anxiety, Paranoia, Irritability, Insomnia, Weight loss, Mental health issues, Damage to nasal cartilage, Immune system problems due to the common presence of Levamisole as a cutter in cocaine

DRUG COMBINATIONS
Polydrug use has many possible outcomes. What could be fun for one person could be dangerous for another. We recommend you proceed with caution.

DANGEROUS
Opioids – Risk of heart strain. Opioids can cause loss of consciousness and respiratory arrest even when using stimulants. The amount of cocaine used may be greater when combined with a Depressant.
GHB - Risk of heart strain. GHB can cause loss of consciousness even when using stimulants. The amount of cocaine used may be greater when combined with a Depressant.
MAOIs - This combo can cause a severe increase in blood pressure that can lead to a stroke
Stimulants (MDMA, Cocaine etc) - This combo can end in heart strain and psychosis.

CAUTION
Alcohol - Forms coca-ethylene in the body which is more harmful than the individual substances and creates a higher chance of dependency to both.

Pschedelics - Stimulants increase anxiety levels and amplify any negative experiences.
Check out the TripSit drug combinations chart HERE for info on other combinations.

It is not recommended to use cocaine if you have or are at risk of:
- Heart issues
- Hypertension
- Thyroid issues
- Pre-existing mental health issues
- Being Pregnant - cocaine can increase the risk of miscarriage, premature labour and stillbirth
- Breastfeeding

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