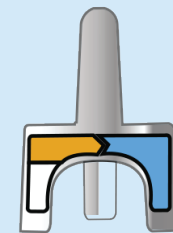


**OPIOID
REVERSAL
KIT**

5 To Life

Steps

REVERSE OPIOID OVERDOSE *Using* **Nyxoid**



STEP 1

CAN YOU WAKE THEM?

SAFETY, SHOUT & SHAKE

SHOUT their name or 'POLICE' to get their attention.

SHAKE their shoulders or pinch their finger tips to try to wake them.

SAFETY

Make sure that you & the person will be safe while you are helping them



STEP 2

CALL '000' (EMERGENCY SERVICES)

Call ambulance before working on the person so the ambulance is on the way.

You don't need to tell them it's an overdose but the operator can help talk you through the process, if you do.



STEP 3

CLEAR AIRWAY & RESCUE BREATHS

Clear their mouth & nose of any blockages.

While the person is laying on their back, tilt head, lift chin, pinch nose & give 2 quick breaths.



STEP 4

GIVE NALOXONE

PEEL, INSERT & DOSE

Remove 1x of the sprays from it's pack.

(There is 1x dose in each nasal spray)

INSERT

Insert the nasal spray firmly into one nostril.

DOSE

Press the plunger until you hear a 'click'.



STEP 5

DID IT WORK?

NO RESPONSE?

You can repeat **STEPS 3 & 4** every 2-3 minutes until the person is awake & breathing or the ambulance arrives.

Be sure to tell the paramedics how many doses of naloxone you've given, then let them take over.



MORE INFO

This is HRVic's 5 Step QUICK REFERENCE GUIDE to using naloxone in an EMERGENCY situation. If you'd like more detailed information on naloxone in all it's different forms/delivery methods, or info on each step including Rescue Breathing or what to do Post overdose reversal, see our website or follow the link from our QR code.

www.hrvic.org.au/naloxone



HOW IT WORKS

Naloxone is a fast acting medication that **TEMPORARILY** reverses the effects of an OPIOID overdose. It attaches to opioid receptors and therefore pushes the opioids off the receptors and then blocks them from having an effect temporarily. **More info on our website.**

