

Opioid

RECOGNISE

OVERDOSE

Opioid overdose can occur with opioids alone but often occurs in combination with other drugs such as alcohol and benzodiazepines.

Signs

OF OPIOID OVERDOSE:

e.g. heroin, morphine, oxycodone, codeine, fentanyl, methadone



Looks

tiny pupils, blue lips & finger tips

Lack of oxygen is why lips & fingertips appear blue.



Feels

cold & clammy skin

They will start to sweat but their skin will feel cold to touch.



Acts

hard to wake up & breathing slowly

Won't wake up or can't stay awake. & breathing will be slow or shallow.



Sounds

gurgling & snoring noises

Often mistaken for snoring, these sounds mean the person is having difficulty breathing.

Opioid overdose is avoidable and reversible. There are obvious signs that someone is overdosing and recognising them can mean the difference between life and death.